



Creating A Sacred Space For Prayer @ Home ~ The Everyday & High Holiday Guide

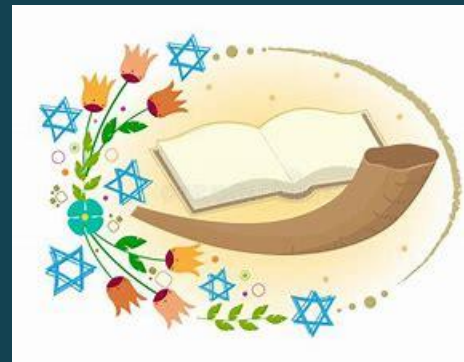
Easy & Creative Ways to Make A
Sacred Space At Home To Enrich
Your Spiritual Experience.

Creating A Sacred Space @ Home ~

The intention of this presentation is to assist and guide with innovative ideas utilizing items you may already have, or items you may wish to add, to inspire in the creation of a more ritualistic and spiritual "corner" or space in your home. The goal being that by doing this you will enhance and enrich your spiritual experience and make it more meaningful as you participate in our virtual worship services.

* All Items listed are suggestions only with the goal to help inspire and guide and are not required.

* You may choose to add some things like a tallit or kippah, however, these are entirely optional.



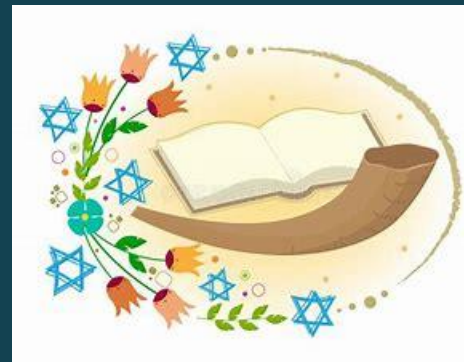
Helpful Tips ~ "I Don't Have/Can't Use..."

The idea here is to work with what you have; look at your home spaces ~ a dining room table, living room coffee table (place laptop or tablet there) with ritual items around. Use a pleasant nook in your home. Be creative and open your mind to new ideas. If you don't have a portable device, see **Desktop Computer** suggestions below.

Regular Candles – Use Electric candles or Votives. If you don't have electric, put your regular candles out and just don't light them. Do this with your Havdalah candle for the atmosphere.

Desktop Computer –

- * Clear off the desk space
- * Cover up clutter if you can't move it for Shabbat.
- * **Use a side table** (folding TV tray) to place Electric candles or votives, Kiddush cup with small tablecloth
- * Maybe put some flowers on table
- * Challah with Cover or Napkin cover
- * Prayer book and/or Tanakh
- * Kippah
- * Dig out your old tchotchkes & decorate your space!



WHERE TO START - Clean Up Your Space

Weekly Shabbat Services ~



- If you watch services on Zoom through your laptop, consider moving to the dining room table or somewhere in the house where the atmosphere is away from clutter or your kitchen, maybe the dining or living room, where you can sit at a nice table with the following around you, if you have some or all of these:
- Shabbat candle sticks; Shabbat candles with tray
- Kiddush Cup, wine
- Mishkan T'filah prayer book
- Challah & Challah cover with tray
- Nice tablecloth



The idea is to place ritual items on the table around you, things that remind you of the service. If you don't have everything, that's fine. If you can't move your computer, just try and clean up around it and place a folding tray next to your computer with candles and a kiddush cup and wine. Wear a kippah perhaps.

Shabbat Evening



- Shabbat At Home Service PDF
- Shabbat candle holder
- Shabbat candles
- Kiddush cup
- Challah
- Challah cover
- Tablecloth
- Kippah

Place your laptop or tablet device on nicely laid table for a beautiful spiritual place of prayer in your home.

Shabbat Saturday Morning

Mishkan T'filah Prayer Book

Tallit

Kippah

Tanakh

Kiddush cup



HIGH HOLY DAY BOOKS:

- Mishkan Hanefesh Machzor for Days of Awe prayer books

The Temple will be holding a book loan program prior to the holidays. Check with the office or Temple Times.

The books are also for sale at CCARpress.org

Available as well is a free online flip-through version, or Kindle app (\$10), which you can use if you have multiple devices to view as you stream services.



~ Rosh Hashana Services ~
Dress Up ~ Not Just Another Day!



Rosh Hashana

Mishkan Hanefesh
prayer book
(Machzor for Days of
Awe)
Shabbat candle
holders
Shabbat candles
Kiddush cup
Kippah
Shofar
Round challah
Nice tablecloth
Apples
Honey



Rosh Hashana

*Add Some Ritual Elements You
Already Have At Home...*





Tashlich

Rabbi and Cantor will be doing a Virtual Meditative Tashlich Ritual as we cast away our sins....

During the service visualize your own pieces of paper or bread going into the water,

After the service if you have easy access to flowing water, you can go and physically cast yours away as well.

Kol Nidrei Services ~

Dress In
Your Best...

To Make It
Special...



Kol Nidrei

Mishkan Hanefesh prayer book

(Machzor for Days of Awe)

Shabbat candle holders

Shabbat candles

Tzedakah box

Nice tablecloth

Tallit

Kippah

24-hour yahrzeit candles



Yom Kippur Services – Dress Up! It's Not Just Another Day!



Yom Kippur

Mishkan Hanefesh prayer book
(Machzor for Days of Awe)

Wear white

Tallit

Kippah

Havdalah candle

Havdalah candle holder

Spice Box

Kiddush Cup for Havdalah & wine

Nice tablecloth



*"G'mar Chatima
Tovah!"*





Helpful Links

Six Ways To Prepare for the High Holidays

<https://reformjudaism.org/jewish-holidays/rosh-hashanah/6-ways-prepare-high-holidays>

Tzedakah box at home to make your traditional contribution prior to the holidays

<https://reformjudaism.org/yom-kippur-customs-and-rituals-0>

Rosh HaShanah Blessings for Home Observance

<https://reformjudaism.org/jewish-holidays/rosh-hashanah/rosh-hashanah-blessings-home-observance>

Blessings for evening before and after dinner evening prior to Yom Kippur

<https://reformjudaism.org/practice/prayers-blessings/yom-kippur-blessings-starting-observance-day>

We Hope This Guide Helps You
Create A Sacred Prayer Space
In Your Home To Enrich Your
Virtual Worship Experience For
The High Holy Days &
Shabbat Worship.

